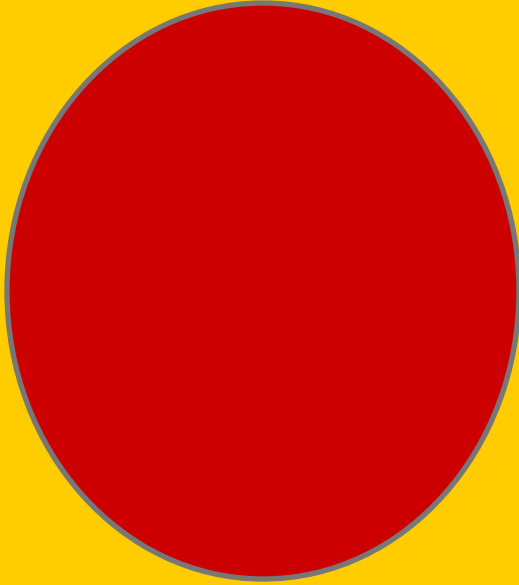


**It's ALL about
YOU!**

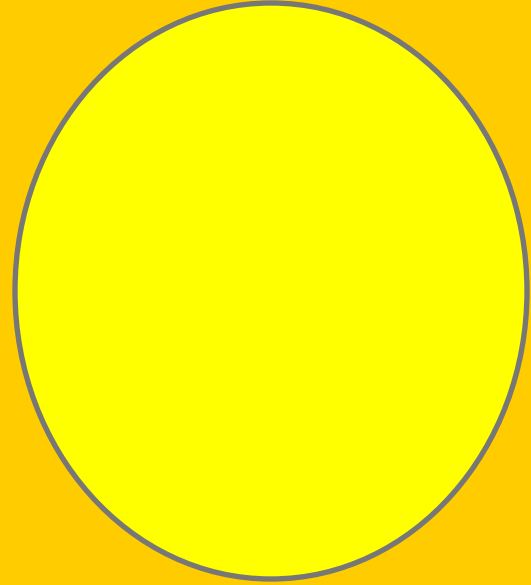








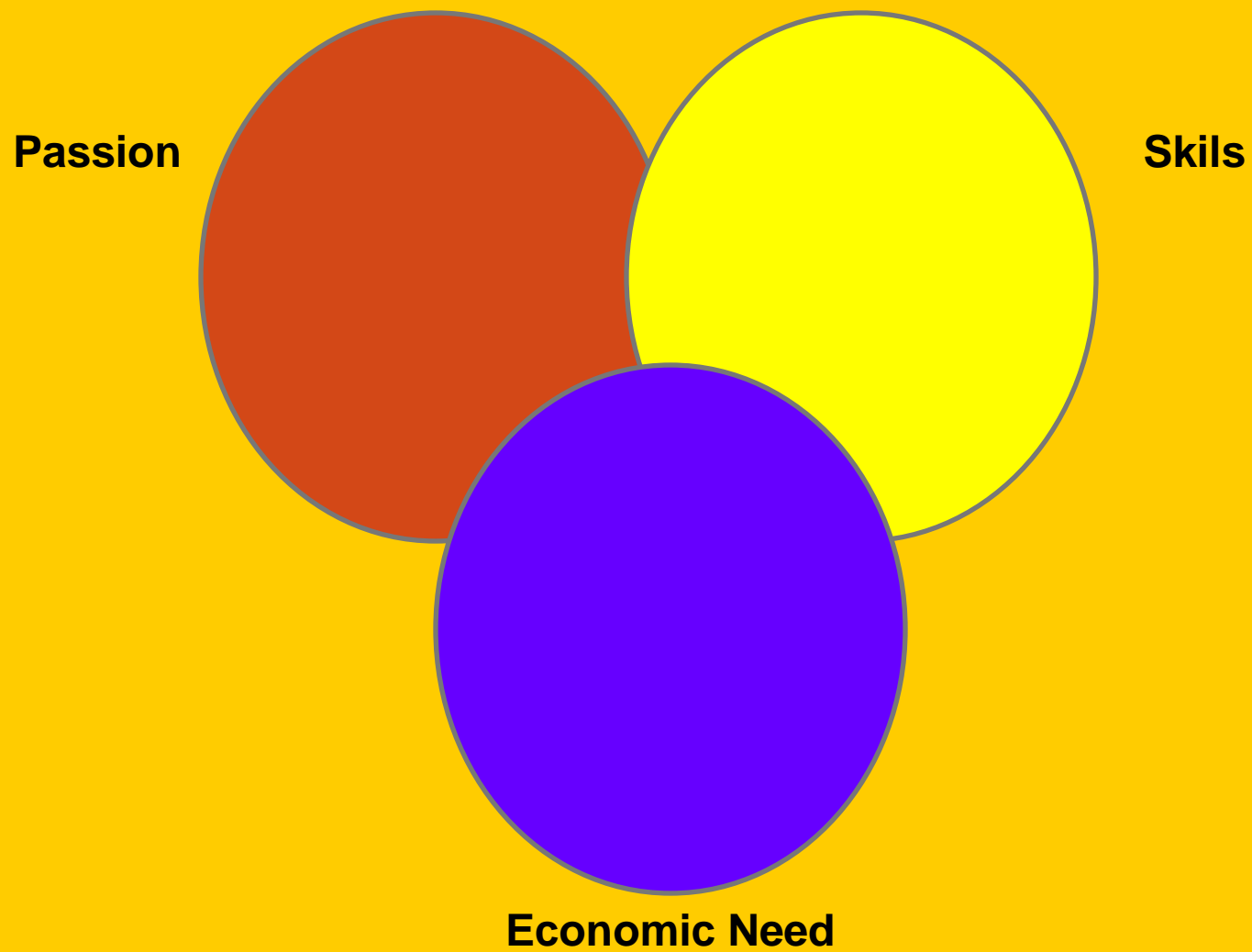
Passion



Skills



Economic Need.



Go Zone.

- 1. Time based plan..do the hard things.**
- 2. Focus on the next thing, the next task, the next call. Keep going, don't get distracted. Go until the buzzer sounds!**
- 1. Review and plan your next Go Zone**



Slow Zone.

- 1. Answer emails, complete routine tasks, fill in forms.**
- 2. Plan tomorrow's Go Zone, organise correct numbers..other routine work.**
- 1. Productive but non stressful..no big decisions are made here.**



No Zone.

- 1. Get out of your office. Switch off your phone.**
- 2. No work, no thinking about work.**
- 3. Refresh, recover and do something for YOU!**

Stress is NOT the problem

The problem is Lack of
Recovery!



**Never underestimate
the impact you have
on other
people**

How do we future proof supply?

1. Where will the industry be in 5 years..?
2. What do we need from each other..?
3. What are the risks, dangers, pitfalls?
4. How do we improve professional standing?...



How do we future proof supply?